

Grade 9
Optional Courses
2023-2024



Music - Instrumental AMU101

- ❖ NO need to have experience reading sheet music
- ❖ NO experience needed playing an instrument -
BUT you NEED a desire to PLAY an instrument
- ❖ If you have experience with an instrument you
will be challenged

Music - Vocal AMV101

- ❖ NO experience with sheet music required
- ❖ NO experience with vocal music is required
- ❖ NEED a desire to sing - in a group and on your own

Music - Music Creating - Digital Music AMC101

- ❖ No experience with sheet music required
- ❖ No experience with an instrument is required
- ❖ Should have an interest in creating music on a computer

Art - Visual Arts AV1101

- ❖ No expertise required
- ❖ Willing to learn new art techniques
- ❖ Will have lots of independent art projects
- ❖ Homework will be required to complete art projects

Drama - ADA101

- ❖ No previous experience required
- ❖ Willing to learn new dramatic skills
- ❖ Lots of group work
- ❖ Learn skills for performing/presenting in front of classmates

Exploring Technologies - TIJ101

❖ 1/2 semester in Computer Lab

Working on Word, Excel, Google Slides, etc

❖ 1/2 semester in Wood shop

Creating wood projects, drill press, lathe, saws

**will be considered a compulsory credit

Exploring Family Studies - HIF101

- ❖ Learn about eating healthy (food prep), basic clothing need (sewing), & parenting
- ❖ Learn about conflict resolution, family diversity, healthy relationships, communication skills, decision making skills, & peer pressure

**will be considered a compulsory credit

Healthy Active Living - PPL10

- ❖ Sport/activity based gym
- ❖ PPL103 - for identifying **males**
- ❖ PPL104 - for identifying **females**
- ❖ PPL101 - inclusive of **all student identities**

**YOU CAN ONLY
TAKE ONE OF
THESE CREDITS**

**will be considered a compulsory credit

Rhythm and Movement - PAR101

- ❖ Movement based gym
- ❖ Inclusive of all student identities
- ❖ Yoga, pilates, alternative to sports/activity gym

**will be considered a compulsory credit